

## SERVED 7AM - 11.30AM DAILY

THE SHELLY POACHER 25 poached eggs, goats cheese cream, avocado, romesco, dukkha, mint + parsley salad, served on toasted sourdough with herb oil $\mathbf{N} / \mathbf{v}$

## BOATHOUSE BUTTERY SCRAMBLED EGGS 26

buttery scrambled eggs, roasted field mushroom, hard herbs, tomato + basil salad, served on toasted sourdough with herb oil v

## SHAK-SHAKA 26

baked eggs with chickpeas, beans, chorizo sausage, tomato + basil salad, served with toasted sourdough DF

## BACON \& EGG ROLL 19

onion jam, pimento salsa, sauce
hollandaise + rocket

## VEGAN BOWL 24

harissa glazed kent pumpkin, cashew cream, mixed grain, mint + radish salad

## MIXED GRAIN

PORRIDGE 24
black rice, tapioca, quinoa, poached pear, rhubarb compote, nuts + seeds VG/N/GF/DF

TOASTED MUESLI 18 coconut yogurt, seasonal fruit VG / N

BANANA LOAF 18
whipped maple butter, serves two v
FRUIT TOAST 14
ricotta + honey
EGGS ON TOAST 15 fried, scrambled or poached $\mathbf{v}$

AVOCADO TOAST 20
tomato + basil Vg

## ADDITIONS 6EACH

eggs $\times 2$, bacon, avocado, harissa glazed pumpkin, roasted field mushroom, chorizo sausage

## LITTLE NIPPERS

## EGG, AVO + BACON 15

 poached, fried or scrambled egg on toast, avo + baconBACON + EGG ROLL 12
TOAST + SPREAD 9 vegemite, peanut butter or honey


## MILKSHAKES REG 10 KIDS 7

CHOCOLATE, STRAWBERRY, CARAMEL, VANILLA
all made with flavoured syrup, milk, vanilla ice cream v
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## SMOOTIES REG 12 KIDS 8

GREEN
spinach, banana, avocado, apple juice, honey v/dF MIXED BERRY
mixed berries, banana, yoghurt, honey, apple juice v
MANGO
mango, coconut milk, honey v/DF
BANANA
banana, yoghurt, honey, full cream milk v

## SIMON SAYS COLD <br> PRESSED JUICES ONE SIZE 9

GREEN kale, celery, apple, lemon vg RED beetroot, carrots, apple, ginger vg

PINEAPPLE EXPRESS pineapple, apple, ginger, lemon, chilli vg ORANGE oranges vg

## TONIC 6

TURMERIC + GINGER SHOT orange, honey, turmeric, ginger, black pepper v

## COFFEE

LONG BLACK, CAPPUCCINO, FLAT WHITE, LATTE, MOCHA

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\text { REG } 5 \text { LARGE } 6
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> PICCOLO 5 MACCHIATO 4.5
> ESPRESSO 4.5 HOTCHOCOLATE 6
> CHAI LATTE 6
> DIRTYCHAI 6
> TUMERIC LATTE 6
> ICED LATTE 6 ICED LONG BLACK 6
> COLD BREW 6 BABYCINO 2
> ALMOND, SOY, OAT, COCONUTMILK, DECAF, EXTRASHOTADD $50 C$

SYRUP hazelnut, caramel, vanilla ADD 50C
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## ICED DRINKS

ICED COFFEE 12
coffee, ice cream, ice, milk, caramel syrup v
ICED CHAI 10
chai, ice cream, ice, milk v
ICED CHOCOLATE 10
chocolate syrup, ice cream, ice, milk v

